

## **SOCIAL BALLROOM DANCE PARTY**

### *Saturday Night Ballroom Dance*

- 7—8 pm Group dance lesson in the fundamentals, movement, and styling of lead and follow social dancing
- **John Larson** teaching Viennese Waltz
- 8—11 pm Social dancing
- 8:30 pm: Hoagies, Pizza
- Costume Contest with Prizes
- Dessert: Cookies and Cake
- Music: Ballroom, Latin, Country and Swing
- No Partner Necessary
- Admission: \$ 20

## **LOCATION**

Church on the Mall (COTM)  
500 W Germantown Pike #1900  
Plymouth Meeting, Pa 19462  
Park at Mall Entrance #3 , behind  
Whole Foods Parking Garage



For more information contact your dance host:

[Frank Sulik -](#)  
[info@peppermintdanceclub.com](mailto:info@peppermintdanceclub.com)

## **MISSION STATEMENT**

The mission of the Peppermint Dance Club is to provide a wholesome and safe environment for new and experienced dancers to learn and social dance

## **Dear Dance Friends,**

I would like to thank everyone who attended our dance last week and to Sascha Newberg who taught a lesson in East Coast Swing. This week we welcome John Larson of Pivot Ballroom who will teach a group lesson in Viennese Waltz.

## **HALLOWEEN FAREWELL DANCE !**

This Saturday 10/28, will be our Halloween themed farewell dance party for our final Saturday night Peppermint Dance.

We welcome you all to wear a costume. We will have our traditional costume contest with prizes during the evening.

I would like to again thank everyone who attended our dance over the past 2 years, and our staff, teachers, vendors, and volunteers who worked to keep the dance going. I appreciate all of your past support and look forward to seeing you at other area dance venues in the future.

Sincerely,

**Frank Sulik**



## **Weekly Teacher Spotlight— John Larson**

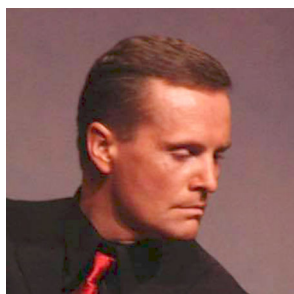
John Larson and his wife Inna, are the founders of Pivot Ballroom Dance Studio in Ardmore, Pa. They are highly regarded and popular dance teachers in the Philadelphia area.

Prior to opening The Pivot Ballroom, John was a national and international dance competitor in Latin and Smooth ballroom dancing for many years.

Please join us this Saturday evening as John teach an exciting lesson in Viennese Waltz !



## 2023 Teacher Schedule



*John Larson*

10/28/23

**Viennese Waltz Lesson**

**Halloween Themed**

**Farewell Dance**

## VIENNESE WALTZ

Viennese waltz is the original form of the waltz, and the oldest of the current ballroom dances.

It emerged in the second half of the 18th century from Germany and Austria, and became popular in Vienna in the 1800's after the creation of large dance halls and the introduction of musical compositions by Johann Strauss.

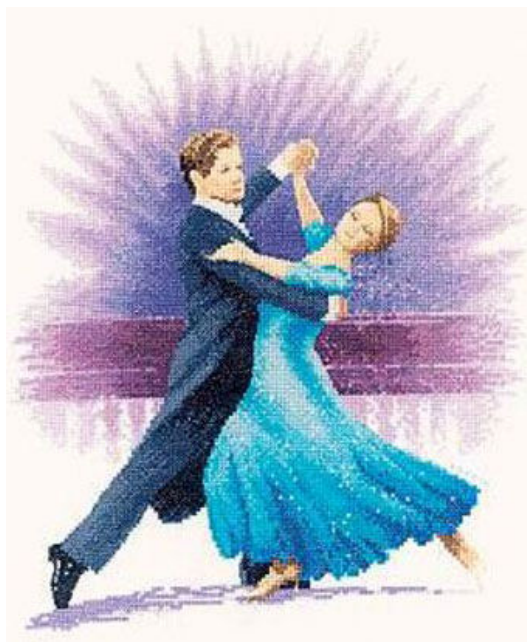
Later it was introduced and became popular in England and the US.

To understand the popularity of the dance, prior to its creation, all couples danced the same pattern on the dance floor and did not face each other. It was the first time couples danced facing each other and independent of other couples in a closed hold position.

In Viennese waltz dancers are constantly turning either toward the leader's right (natural turn) or toward the leader's left (reverse turn), interspersed with non-rotating change steps to switch between the direction of rotation.

Its also one of the faster dances at upwards of 180 beats per minute.

A true Viennese waltz consists only of turns and change steps. Other moves, American-style figures and turns are modern evolution of the dance



## AREA BALLROOM DANCE VENUES

After Halloween, in November, if your looking for an alternative dance, please consider supporting the following area ballroom dance venues:



### Donna Boyles Dance Party

Church on the Mall

Plymouth Meeting, Pa

Select Fridays during the month @ 7:30pm



### Brian Gallaghers Sunday Ballroom

Church on the Mall

Plymouth Meeting, Pa

Sundays @ 5-9pm

